## UWC Class Spirit, Soul, and Body

NAME
INSTRUCTIONS: Answer questions according to your understanding and experience. You may use extra paper if needed.
<ol> <li>How to take test. You only need to do one. Whichever one works best for you.</li> <li>https://www.wordupinc.org/uwctest.html</li> <li>Download, print test, take test, mail to WORD UP (UWC), PO Box 5262, Old Bridge NJ 08857</li> <li>Download, print test, take test, fax to (215) 273-0971</li> <li>Download, open file, type out answers, save as, UWC Test – Your Name, email to uwordcenter@yahoo.com</li> <li>Take test in this email</li> </ol>
1. What did you learn from Spirit, Soul, and Body?
2. How did you use it in your life?